

78. For ye Jaundies, or weaknes in ye Stomack.

Take a peck of garden Snails, wash ym in beere, & put ym in an Iron dripping pan on a hot fire of charcole stirring ym up & downe, & set one end of ye pan higher yn the other yt ye lickow may run from ym, & take it out with a ladle, & when it hath done coming, they are broyled enough, put ym in a mortar & bruisse ym shells & all, take a quart of earth worms, scour ym with water & salt & wash ym very cleane & beat ym in a mortar, yn take angelico, 2 handfulls & lay in ye bottom of yr pot, 2 handfulls of Salentine on ye top of ym, a quart of rosmary flowers, Egrimony, & bittany each 2 good handfulls, beere foot red dock roots, bark of barbery tree, wood sorrell each a good handfull & half, of ren half a handfull, fenigreek & turmarick each a ounce, Saforin dried ye weight of 6d a handfull of clars, when these are put together in ye pot, put yr worms & snails & 3 gallons of ye strongest ale you can get, & cover it close for 24 hours, & when you go to put fire under it put in 6 ounces of hartshorn shavings, but stir not least you make those things go to ye bottom yt shoul be at top, & set on yr limbeck, & still it with a soft fire, you may draw 5 or 6 quarts. *

To strengthen ye back.

Take a quart of white wine, & ye pith yt runs down ye oxes back, half a quarter of dates, of marigolds, plantain, bittany, parsley, fenill roots, of all 2 handfulls, boyle all these together till ye wine be half wasted, yn strain it drink 9 or 10 spoonfulls, for 8 or 9 mornings together. *

For a throsk in a Childs mouth.

Take a spoonfull of ye juce of red sage & ye quantity of smale nut of burnt alum, twice as much honey, & put a little at a time in a childs mouth, this will cure a throsk although it be quite through. *

For a Straine in the Leg.

Take a quart of claret & boyle in it a handfull of redroseleaves & let it boyle till half be consumed, & then bath the place & lay on some of ye leaves as a poultice, tis a present cure. *

79.

For a Sprain.

Take oyle of st Johns wort a spoonfull or more if ye hurt be much, & beat it with ye white of a new laid egge very well, yn take some of ye oyle & anoynt it, rubbing it in well before a fire, wet a rag in ye oymment & warm it & bind it up with a fillitt to strengthen it, & if there be occasion you may renew it every day, till it be well. *

An Excelent Drink against ye plague.

Take 3 pints of ye best muskadine or malmsey, boyle therein ren sage each one handfull, till half be boyled away, yn strain out ye herbs, & put into ye lickow, ginger, long peper, nutmegs of these an ounce, yn let all boyle together a while, yn take it off ye fire, & put therein an ounce of methridate, 2 ounces of ye best treacle, & a pint of ye best angelico water, & keep it for yr use, give about a spoonfull morning & evening & sweat after it, drinking posset drink with marygold leaves & flowers, after they have sweat & well dried with cloths, this is good for ye smale pox sweating, diseases, surfeits, for prevention take half a spoonfull 3 times a week. *

A powder to open ye pipes.

Take of ye flower of brimstone, of china each an ounce of sugar candy 2 ounces, beat these together into fine powder, & take as much of it as will lye on a sd morning & evening, in ye pap of an apple. *

For the yellow Jaundies.

Take ye inward rind of barbery bark, & goose dung yt feeds on grase, & wash off ye white of ye dunge, & put in a little saforin & steep it in ale & drink half a pint of this morning & evening, put it a steeping over night. *

For the Stone.

Take 3 handfulls of dandelyon roots, one handfull of parsley roots, boyle ym in a gallon of spring water, till it comes to 2 quarts so drink a draught of this in a morning, good for ye stone & gravell. Id Godolphin. *